Practice of Brief Psychotherapy gives clinicians, counselors, and students an excellent and broad-based practical reference on brief psychotherapy—a powerful and flexible clinical tool for their work. Over the course of his long and distinguished career, Sol L. Garfield has received numerous prestigious awards, including the American Psychological Association’s Distinguished Contribution to Knowledge Award, the Distinguished Contribution to Clinical Psychology Award from the APA’s Division of Clinical Psychology, the Society for Psychotherapy Research Distinguished Research Career Award, and the Council of University Directors of Clinical Psychology 3rd Annual Award for Outstanding Contributions to Clinical Training. He is the author or editor of many books, notably the Handbook of Psychotherapy and Behavior Change (coedited with A. E. Bergin), now in its fourth edition, and Psychotherapy: An Eclectic-Integrative Approach (both published by Wiley). Dr. Garfield has also contributed over 150 journal articles or chapters to edited volumes. Praise for the First Edition: "A well-written and useful approach to brief therapy."

-Clinical Psychology Review. "Provides a lucid and approachable discussion of each of the ingredients that go into the [brief] psychotherapy mixture." -Contemporary Psychology. This revised edition of Sol L. Garfield’s The Practice of Brief Psychotherapy brings his classic work fully up to date with the latest developments in the field—from recent research findings and trends in managed care to new viewpoints and approaches to psychotherapy. Like its predecessor, this edition offers an eclectic approach to brief psychotherapy based upon what works—favoring procedures that appear most appropriate for a given case, and whose effectiveness is backed by empirical research support. The result is an accessible and comprehensive resource that is of outstanding practical value to practitioners and students of brief psychotherapy and counseling.

What You Really Need to Know about Counselling and Psychotherapy Training Bringing together experts who have treated patients with and conducted clinical research on IPT, the Casebook of Interpersonal Psychotherapy responds to the growing need for a foundational text to supplement the available manuals on IPT.

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